



Please join us at Ashwood on 8<sup>th</sup> March at 11.00am for morning tea in aid of Dementia UK week!

Enjoy tea sandwiches, and bite size little cakes.

Don't forget to practice your pinky stance!

All money raised will go towards Admiral Nurses who work with families during the toughest of times, giving families the support and strength they need to cope, day after day.

They have the empathy and understanding of dementia to help families anticipate the ways in which their relative might change, and techniques to keep them communicating with each other.

