

CHELMUNDS COURT WEEKLY ACTIVITIES

Monday 20th	Tuesday 21st	Wednesday 22nd	Thursday 23rd	Friday 24th	Saturday 25th	Sunday 26th
<p>Cooking 11am</p> 	<p>Arts and Crafts 10.30am</p> 	<p>Coffee Morning 9.30am Coleshill Heath School</p> 	<p>Baking 10.30am</p> 	<p>Bingo 11am</p> 	<p>Trip to Cafe 10am</p> 	<p>Relaxation 11am</p> 
<p>Music Quiz/Sing a Long 2pm</p> 	<p>Touch and Feel 2pm</p> 	<p>Table Games 2pm</p> 	<p>Baking Continued... 2pm</p> 	<p>Name That Tune 2pm</p> 	<p>Guest Performer 2-3pm</p> 	<p>Movie Afternoon 2pm</p> 

Activities may be subject to change

Monday 20th

Cooking: Making Sandwiches for Lunch

Quiz/Sing a Long: General Knowledge quiz with prize for the winner + a sing a long

Tuesday 21st

Arts a Crafts: Christmas Decorations (Christmas Trees, wreaths, paper chains, colouring)

Touch and Feel: Using the touch and feel boxes

Wednesday 22nd

Coffee Morning: At Coleshill Heath School (free of charge, residents pay for Taxi)

Table Games: Board Games, cards, paper games

Thursday 23rd

Baking: Mixing cake mix, music in the background, socialising

Baking Continued: Decorating the cupcakes

Friday 24th

Bingo: Residents pay £1 per game with prizes including: sweets, body wash etc.

Name That Tune: Music Quiz

Saturday 25th

Trip to Cafe: Three Trees Cafe, Coffee and Tea, Cake, Outdoors

Guest Performer: Singer, Corinne Hickey (free of charge)

Sunday 26th

Relaxation: Relaxing spa music, small chair exercises

Movie Afternoon: Film on TV