WILLOW GROVE CARE HOME

Weekly Activities Programme

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Am	Music & Movement 10.00	Beauty Care & Music 10.00	Reminiscing & T.V News 10.00	Musical Instruments 10.00	Library Books & Soft Ball Exercise 10.00	Current Affairs 10.00	Church Services 10.00
Am	Individual Activities	Individual Activities	Individual Activities	Individual Activities	Individual Activities	Individual Activities	Individual Activities
Pm	Group Conversations/ Music 2.00	Hand Massage 2.00	Story Reading 2.00	Cowboy Movie & Relaxing 2.00	Skittles 2.00	60's Music Afternoon 2.00	Sunday Movie & Sunday Papers 2.00
Pm	Individual Activities	Individual Activities	Individual Activities	Individual Activities	Individual Activities	Individual Activities	Individual Activities