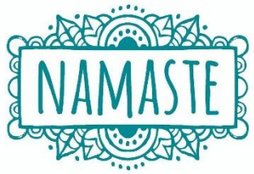
RUNWOOD HOMES
SENIOR LIVING

ACTIVITY PROGRAMME commencing 11th February, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sarah's Paper Round	**Food Reminiscence**	**Namaste! Armchair Yoga**	**Valentine Quiz**	**Puzzles & Brainteasers**	**Forget-me-not Crafts**	**Pamper Morning**
						
9:30am Door to Door	**11:00am Tea Room**	**11:00am Tea Room**	**11:00am Tea Room**	**11:00am Tea Room**	**11:00am Tea Room**	**11:00am Door to Door**
Bingo	**Creative Mojo**	**The News Room**	**Romantic Memories**	**Music Through The Ages**	**Baking: Coconut & Lime Cake**	**Word Games**
2:30pm Tea Room	**2:30pm Tea Room**	**2:30pm Tea Room**	**2:30pm Tea Room**	**2:30pm Tea Room**	**2:30pm Tea Room**	**2:30pm Tea Room**