



BRACEBRIDGE GAZETTE

Bracebridge Court
Friary Road
Atherstone
Warwickshire
CV9 3AL
Phone: 01827 712895
Manager: Deb Adams

Lichfield Visit- Residents were treated to a lovely day out visiting the quaint City of Lichfield with its historic 3 Spires Cathedral, after they wandered up the small cobbled streets looking at the local shops; this was followed by lunch in a local pub; everyone loved the day.



When Scrabble isn't Scrabble.....it is still therapeutic and stimulating.

After being given half of the letters residents were soon putting words together.



Cadburys world

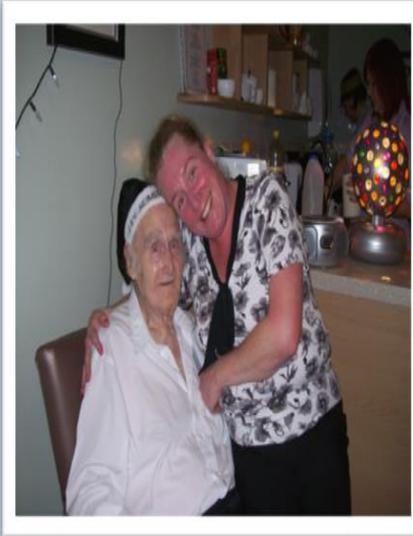
Residents were treated to a visit down memory lane at Cadburys; they watched as all our favourite chocolates were being produced and sampled many along the way!



There is a small historic part to the visit where residents visited the Quakers Museum where they learnt how good the Cadbury family had been for the local community and the local work force.

Christmas at Bracebridge Court.....was just how it should be filled with fun and laughter!

Activities started two weeks before Christmas with a winter Wonderland put up in the courtyard, homemade decorations and the Christmas trees going up.



LET'S TALK ABOUT DEMENTIA

Dementia Awareness Session.

Our first dementia awareness session in November proved to be a great success with family and friends appreciating the informal discussions helping them understand the forms of Dementia and how it can affect people.

We have been asked to hold a further session this will be on the **27th January at 2.30 in the Courtyard Café.**

Thank-you Deb Adams (Home Manager)

RECIPE OF THE MONTH:



Vegetable Curry:

- Vegetable Oil
- 1 Medium Red Onion, peeled & chopped
- 1 Courgette, diced
- ½ Butternut Squash, peeled & diced
- 100g Mushrooms, quartered
- 1 Red Pepper. Diced
- 150g Cauliflower, broken into florets
- 600ml Curry Base Sauce
- 400ml Water

Method:

- Fry onions in a little veg oil for 10 minutes in large pan
- Add remaining veg and stir together.
- Add Curry sauce and simmer for 25-30 mins taking care not to overcook veg.
- If the sauce becomes too thick add a little of the water to give desired consistency.



February / March / April

4th FEBRUARY – DIGNITY DAY (PUB THEME)

11TH FEBRUARY – SHOPPING & PUB LUNCH NUNEATON

15TH FEBRUARY – ELVIS / NEIL DIAMOND TRIBUTE ACT

8TH MARCH – RESIDENTS EASTER BINGO

15TH MARCH – VISIT TO COVENTRY CATHEDRAL

17TH MARCH – VISIT TO DOBBIES

18th MARCH SPORT RELIEF – BRACEBRIDGE OLYMPICS

22ND MARCH – UKELLELE BAND EASTER CELEBRATIONS

7TH APRIL – VISIT TO PLANTERS GARDEN CENTRE

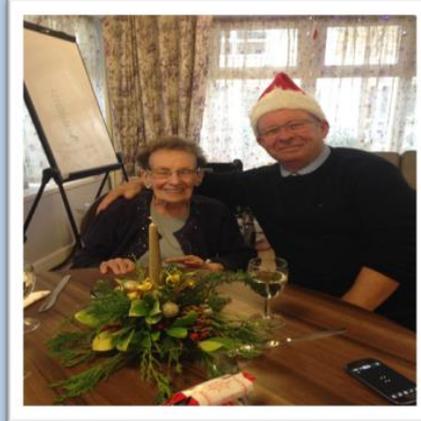
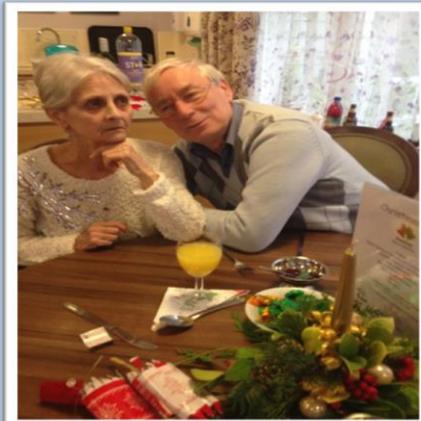
New Travel Area- After the success of the shop on the ground floor; We are currently in the process of planning another themed area for residents on the first floor, the idea of these areas is to stimulate conversation and memories for residents so that they can engage with each other and members of staff; With this in mind we would like to have a travel area and would ask if anyone has any travel memorabilia or objects of interest either from around the world or U.K. holiday destinations that they could donate we would greatly appreciate them.

Caldwell Grange Update-
The building work at Caldwell Grange is running to plan- All notices and plans will be on display at Bracebridge Court in the Reception Area from March and Correspondence will go direct to Family / Next of Kin informing them of the times of meetings.

Dignity Day - 4th February.

We will be celebrating Dignity Day in style this year; the activities team have planned an afternoon of fun and games turning the courtyard café into our very own pub; with table top games, beverages of choice and even pork scratchings.

CHRISTMAS FAMILY PHOTOS





Red Post Box Reminder.....
This is for Residents, Family and staff to vote for anyone they think has gone out of their way to promote dignity and respect
Or just gone out of their way To help.
We would like to recognise These staff members in our Employee of the Month scheme.

Christmas Raffle:

We would like to thank everyone for supporting our Christmas Raffle this raised £126.00 for our resident's fund.

Easter Raffle:

We will be having an Easter Raffle for Residents if you would like to donate an Egg we would appreciate it.

Things we enjoy doing..... our Knitting Club, Afternoon Tea and Flower Arranging and in the run up to Christmas of course we enjoyed the Christmas shopping!!

