

TEENS BRIGHTEN UP LIVES OF ELDERLY IN CARE HOME



■ Welcome visitors – the teenagers with residents of Crowstone House residential care home, in Westcliff
Picture: PAUL WATSON BA109420

TEENAGERS from the Southend United community and educational trust have been volunteering in a care home to improve the lives of the elderly.

About 15 teens, aged 15 or 17, taking part in the National Citizen Scheme, visited residents at Crowstone House residential home, in Westcliff.

They read to residents, chatted with them and joined in activities.

The scheme offers teens an opportunity to try new activities, give back to their community and gain qualifications.

Ajam Karim, manager of the home, said: "A lot of our residents do not get very many visitors.

"The volunteers were generally providing company, talking to them, telling them a bit about their lives, reading with them."