

## **Red Rose Café rocks in Ashbrooke Care Home**

Ashbrooke Care Home officially opened the new Red Rose Café as part of the refurbishment and improvements made to the care home. The café is designed for the use of residents, relatives and visiting professionals to use. It is absolutely free for everyone to use and there are a wide variety of coffees available. The refurbishment of the home continues and a new dementia friendly garden is planned for residents to be able to grow their own vegetables. The project will be known as “eat and grow” and residents will be able to taste the fruits of their toil.

The Manager of Ashbrooke Care Home, Ciara Cochrane states “it is an honour to lead the transformation of Ashbrooke Care Home into a model of clinical excellence for the care of older people with dementia. The care home has much to celebrate, and recently we had a very good inspection that had no requirements”. “The café has made a fantastic contribution to the quality of life for our residents, and they now can have a cup of tea with their loved ones”.

John Rafferty, the Northern Ireland Director of Operations of Runwood Homes attended the official opening of the café and in greeting visitors to the café stated “it is a pleasure to observe the journey that Ashbrooke has made in recent times, and I have to pay tribute to Ciara and the staff team”