

# Bennett Lodge

- Thurrock, Essex -



## Welcome to Bennett Lodge

Bennett Lodge is a 48 bed care home situated in Thurrock, close to local amenities and transport routes. Our kind and compassionate care team provides residential and dementia care for older people.

Bennett Lodge is operated by Runwood Homes, a leading, family run organisation with over 30 years' experience in providing professional, person-centred care.

### Your Care in Our Hands

Entrusting us with your care is a role that we take in earnest. We pride ourselves on our innovative, whole-team approach to care and wellbeing. Whatever your needs and wishes are, our person-centred care plans detail what's right for you. Whether it be a little extra support with everyday tasks, high dependency dementia care or palliative care, our fully trained carers have the experience to fulfil their vital roles.

Before moving into your new home at Bennett Lodge, our team will carry out a helpful care needs assessment, to ensure that your requirements are met. This can take place in our setting or we'll visit you. It's entirely your choice. Once you've settled into your new home and have gotten to know everyone, regular reviews of your care take place, to ensure that you are satisfied with the service we're providing. To best protect everyone, rest assured, our home has strict infection prevention and control measures in place.

### Comfortable Home-From-Home Living

We strive to create a peaceful environment at Bennett Lodge and the home benefits from being well presented and immaculately kept, offering high standard living facilities. Our beautifully presented bedrooms, all with en suite bathroom facilities, provide a comfortable space, whilst our sociable areas are the ideal places to relax and enjoy the company of others.

We truly believe in making Bennett Lodge feel like home, so we encourage personalisation and individuality. Please bring along any items that can really make your private space both comfortable and unique to you, to help promote a sense of true belonging and ease, which is especially important to us.

Offering a perfect place for people to get together, Bennett Lodge benefits from a café, complete with tea and coffee facilities. The home also has its own relaxation areas, so residents are able to enjoy a calming environment outside of their private space.

Outdoor living is encouraged on warm and sunny days. Bennett lodge benefits from an enclosed garden, enabling residents to enjoy the fresh air. Walks and outings are also available to all and the home is close to local amenities, helping residents to remain very much a part of the community.





## Whole Team Approach

Residential care enables residents to remain as independent as possible, with the reassurance of a kind and friendly support team on hand whenever required, even just for companionship. Our Forget Me Not scheme ensures that people who stay in their bedroom enjoy company and stimulation.

Our whole team approach is our innovative approach to caring for people living with dementia. We believe that everyone working in the home can lay their part in boosting residents' wellbeing. Building on life story, we like to celebrate each of our residents as an individual, reminiscing, and reviving interests in daily activities. We also encourage residents to feel included and engaged within their immediate, local and wider communities. Dementia care is planned along with family members and loved ones, who we see as care partners.

Runwood Homes are proud to be residential dementia care specialists. Our managers and their dedicated teams are trained to a high standard, achieving qualifications throughout their careers, via a nationally recognised provider, Lifetime Training. Each of our homes has a Wellbeing Lead who ensures person-centred dementia care. The home is monitored, supported and guided by our (Associate) Director of Wellbeing & Dementia Services.



## Active and Fulfilled Lives

At Bennett Lodge, we know how important it is to stay as active as possible, to help keep as healthy as possible. We encourage exercising the mind and the body as part of a wider activities plan, looked after by our exclusive Wellbeing Lead and supported by the team.

We include your hobbies, pastimes and interests when planning our wide range of activities. You can choose to take part in group sessions, or we'll happily aid you to pursue a new solo experience. Regular activities include reminiscence therapy, fit and fun, current affairs, singing and dancing, arts and crafts, food-based activities and more.



## Enjoyable Dining Experiences

With nutrition and hydration such an important factor in providing good quality care, mealtimes will always be a pleasurable and sociable experience. Refreshments are available at any time to satisfy the taste buds and our seasonal menus are compiled to include well-loved classic dishes and a variety of cuisines, with all residents' preferences and dietary requirements readily met.

Runwood Homes are here to support you in your search for a suitable home, offering the appropriate levels of care required for you or a loved one. We welcome you to visit us at Bennett Lodge, to take a tour, find out more and to meet our friendly team who understand your journey.



Please contact us using the details below and we look forward to welcoming you to Bennett Lodge soon.

Call: **01375 842724**  
Email: **[bennett.lodge@runwoodhomes.co.uk](mailto:bennett.lodge@runwoodhomes.co.uk)**  
Visit: **Waterson Road, Chadwell-St-Mary, Grays, Thurrock, Essex, RM16 4LD**  
Web: **[www.runwoodhomes.co.uk/homes/bennett-lodge](http://www.runwoodhomes.co.uk/homes/bennett-lodge)**



 **RUNWOOD HOMES**  
SENIOR LIVING

